

For immediate release
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Prepare now for emergencies

Dec. 30, 2013 - Hampton's Emergency Management Office is working with state and federal officials to make sure we're ready for whatever emergencies the New Year will bring.

While 2013 was a rather uneventful year for the city when it came to major disasters; each year has new weather conditions and trends. With that in mind, being prepared for disaster is a resolution anyone can accomplish - either by purchasing a new item for their emergency preparedness kit every month or updating their preparedness plan every quarter.

Families and individuals are encouraged to prepare now for emergencies. Some questions to discuss, according to the Virginia Department of Emergency Management:

- Do you and your family members have contact phone numbers memorized or written down and placed in backpacks and wallets?
- Do you have a plan on how to meet up with family if you are separated?
- Do you know how to contact your children's school in case of an emergency?
- Do you have three days of emergency supplies and water set aside?

Go online to read the <u>news release</u>. Or go to <u>www.ReadyVirginia.gov</u> for a free emergency plan worksheet, wallet cards, emergency supply checklists and other information.

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